

## SUBJECT OVERVIEW

# PSHE

At Keevil, PSHE is a planned, developmental programme of learning through which children acquire the knowledge, understanding, strategies and skills they need to be healthy, safe and prepared for life's opportunities. As part of a whole-school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.



### Intent: We aim to...

Enable children to be the best they can be by reducing or removing many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve.

Significantly contribute to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety and the school's statutory responsibility to promote pupils' wellbeing.

Inspire the children to be respectful and tolerant of others by making the Keevil Characteristics and British Values an intrinsic part of our PSHE curriculum.

Encourage them to be enterprising and support them in making effective transitions, positive learning and career choices and in achieving economic wellbeing.

Provide opportunities for children to reflect on and clarify their own values and attitudes and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.



### Implementation: How do we achieve our aims?

Each term we work on the objectives as set out by the PSHE Association through a sequenced, spiral programme that builds on prior learning as pupils progress through the school. In addition to this, issues and topics naturally crop up in classes and extra PSHE sessions will take place to manage these.

### Our PSHE curriculum

It is now a statutory requirement in primary schools to teach Relationships and Health education. And though not yet statutory, economic wellbeing, careers and personal safety should also feature in any good quality PSHE education programme. At Keevil we tailor our PSHE program to the needs of our pupils and aim to equip them with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

We have a **2 year program** which is split into the following termly topics:

- Friendship
- Managing hurtful behaviour and bullying
- Keeping Safe
- Mental Health
- Shared responsibilities
- Ourselves, growing and changing AND Identity and individuality
- Communities
- Safe relationships
- Economic wellbeing
- Families and close positive relationships
- Healthy lifestyles inc.drugs, alcohol and tobacco
- Ourselves, Growing and Changing (RSE)

We have a flexible approach to teaching PSHE at Keevil. That may be through a wellbeing session on a single day or it might be through a few sessions over several weeks. This approach gives the class teacher the time to deliver the topic in a sensitive and appropriate manner.

PSHE teaching and learning uses high quality resources including, but not exclusively, parts of the Jigsaw and Coram Life program.

**coram**   
Life Education



## PSHE at Keevil

**Relationships and Sex Education** is taught with the support of Coram Life Education Services. Every year in Term 5, Years 4, 5 and 6 will have lessons delivered by a Coram trained teacher. In addition to this, the class teacher will also cover parts of the RSE curriculum as appropriate.

As well as PSHE lessons, we use outside specialists whenever possible and appropriate to deliver parts of the PSHE curriculum. These can include the NSPCC Speak out, Stay Safe campaign, BikeAbility program, Road Safety, Emergency Awareness with Wiltshire Air Ambulance, Dorset and Wiltshire Fire Services and the Police and Vibes with Debs sessions working on mindfulness techniques.

We have just started using THRIVE as a means of assessment to help children and young people become more emotionally resilient and better placed to engage with life and learning. The outcomes of these assessments will be looked at each term and will help to guide the class teacher as to the needs of their class.

PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

The overarching aim for PSHE education is to provide pupils with:

- accurate and relevant knowledge
- opportunities to turn that knowledge into personal understanding
- opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities
- the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.

From Reception, children are taught age-appropriate vocabulary linked to each part of the PSHE curriculum (this is available through our vocabulary progression document).



### ✓ *Impact: how will we know we have achieved our intent?*

Class Floor Books show a progression in children's knowledge and understanding

Annual subject review carried out by Subject Leader leading to the creation of an action plan used to drive improvements in teaching and learning of PSHE.

Pupil, Staff and Parent voice show the outcomes of children applying their knowledge and understanding in their everyday behaviours and relationships.

Behaviour, bullying and safeguarding records showing the impact of learning and directing focused and responsive teaching.

Children being prepared and ready to make successful transition into secondary school

We are beginning to use the THRIVE approach to improve the mental health and wellbeing of our children.